



# STRETCH Yourself GROW TO SUCCESS!



## 100 “No’s” Worksheet

How many “No’s” does it take to get a “Yes”? Let’s find out! Your goal is to get 100 “No’s” in a designated time frame. Remember: the faster you collect “No’s”, the closer you are to receiving a “Yes”!

In order to start collecting your “No’s” with this worksheet, decide on what you are looking to collect “No’s” for: home-shows, online virtual parties, events and sharing the JEWELSCENT opportunity.

**GOAL:** 100 “No’s” in \_\_\_\_\_ week(s) / \_\_\_\_\_ days(s)

**START DATE:** \_\_\_\_\_ **END DATE:** \_\_\_\_\_

<b>HS</b> HOMESHOW	<b>EV</b> EVENT	<b>VP</b> VIRTUAL PARTY	<b>OP</b> OPPORTUNITY	<b>\$</b> SALES					
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100